

# Washington State Senior Games - Records (2001 through 2016)

## Archery

### ARCHERY - BAREBOW COMPOUND - WOMEN

50-54	Mary E Nations	644	2005
55-59	Mary E Nations	614	2006
65-69	Rebecca B Jackson	656	2008

### ARCHERY - BAREBOW COMPOUND - MEN

55-59	John R Templar	768	2005
60-64	John R Templar	780	2009
65-69	John B Paddock	751	2004
70-74	John B Paddock	727	2008
75-79	John B Paddock	727	2011
80-84	Clint Axford	736	2007

### ARCHERY - BAREBOW RECURVE - WOMEN

60-64	Wendy E McKee	582	2014
65-69	Evelyn K Hammond	314	2005
75-79	Elisabeth C Johnson	511	2008
80-84	Elisabeth C Johnson	637	2013

### ARCHERY - BAREBOW RECURVE - MEN

50-54	KC Evans	612	2004
55-59	William H Lee	752	2005
60-64	William H Lee	653	2008
65-69	Kenneth C Buchholz	489	2016
70-74	Samuel Milham	518	2004
75-79	Earl E Laue	566	2014
80-84	Hugh F Lewis	419	2008
85-89	Hugh F Lewis	351	2011

### ARCHERY - COMPOUND FINGERS - WOMEN

50-54	Linda F Parker	817	2004
55-59	Linda F Parker	807	2008
60-64	Teko C Phillips	755	2009
65-69	Darlene M Houk	367	2006

### ARCHERY - COMPOUND FINGERS - MEN

50-54	Kent H Russell	854	2004
55-59	Kent H Russell	846	2007
60-64	Jim Stanek	857	2004
65-69	TC Parker	787	2001
70-74	Larry D Ramsey	777	2008
75-79	Larry D Ramsey	674	2016

### ARCHERY - COMPOUND RELEASE - WOMEN

50-54	Sandi M Comer	834	2006
55-59	Sandi M Comer	862	2007
60-64	Sandi M Comer	836	2014
65-69	Joanne M Hirsch	801	2001
70-74	Diana M Watts	755	2012

### ARCHERY - COMPOUND RELEASE - MEN

50-54	Rick A Morgan	882	2010
55-59	John I Soper	884	2005
60-64	William G McKinnon	881	2010
65-69	William G McKinnon	878	2012
70-74	Donald S Kudlacek	864	2004
75-79	Donald S Kudlacek	865	2008

### ARCHERY - RECURVE - WOMEN

55-59	Vonda R Kemmerer	767	2014
60-64	Charlene E Shelfer	631	2012
65-69	Charlene E Shelfer	701	2013

### ARCHERY - RECURVE - MEN

50-54	Steven M Coleman	812	2011
55-59	Wesley K Wilhelm	801	2013
60-64	Frederick D Julian	805	2006
65-69	Frederick D Julian	775	2012
75-79	Joe Mihalik	522	2001

## Basketball

### BASKETBALL - FREE THROW COMPETITION - WOMEN

50-54	Cristela Escareno	19	2012
	Maria K Joyce	19	2016
55-59	Marilyn Thompkins-Jones	14	2012
60-64	Gidget R Voss	13	2009
65-69	Valerie R Elliott	11	2015
70-74	Linda L Ticknor	15	2012
75-79	Edythe A Hulet	14	2016
80-84	Hazel V Voss	5	2002
85-89	Hilda Zimmerman	1	2011

### BASKETBALL - FREE THROW COMPETITION - MEN

50-54	Brent Hampton	25	2011
	Steve C Moore	25	2011
55-59	Steve C Moore	24	2013
	Kim M Atwater	24	2011
	Kim M Atwater	24	2015
	Kim M Atwater	24	2013
	Jack M Soliday	24	2007
60-64	Jack M Soliday	24	2014
	Jack M Soliday	24	2013
	Jack M Soliday	24	2012
	Jack M Soliday	24	2010
	Rodney Thornley	24	2012
65-69	Jack M Soliday	25	2016
	Dennis O Oman	25	2008
70-74	David A Yokers	25	2011
75-79	Charles Bispala	22	2005
80-84	Wayne H Keller	17	2012

### BASKETBALL - HOT SHOT COMPETITION - WOMEN

50-54	Kristi Wilson	40	2016
55-59	Theresa Janssen	37	2015
60-64	Gidget R Voss	35	2009
65-69	Diane Bommer	22	2016
70-74	Linda L Ticknor	32	2012
75-79	Edythe A Hulet	27	2015
85-89	Hilda Zimmerman	1	2011

### BASKETBALL - HOT SHOT COMPETITION - MEN

50-54	Kim M Atwater	62	2007
55-59	Jack M Soliday	56	2009
60-64	Terry Schaplow	53	2013
65-69	Dennis O Oman	58	2008
70-74	David A Yokers	62	2012
75-79	Reidar Ytgard	41	2007
	Jerry W Spoonemore	41	2016
80-84	Wayne H Keller	27	2012

# Washington State Senior Games - Records (2001 through 2016)

## Bowling

### BOWLING - SINGLES - WOMEN

50-54	Valerie R Elliott	557	2004
55-59	Valerie R Elliott	564	2006
60-64	Valerie R Elliott	543	2013
65-69	Valerie R Elliott	587	2015
70-74	Carole M Hauth	522	2002
75-79	Betty B Needham	495	2011
80-84	Jane Townsend	499	2010
85-89	Jane Townsend	450	2014

### BOWLING - SINGLES - MEN

50-54	Don G Becker	681	2002
55-59	Roger D Breithaupt	688	2003
60-64	Don G Becker	687	2015
65-69	Carlos Garcia	732	2003
70-74	Carlos Garcia	711	2008
75-79	Roy C Rice	706	2014
80-84	Roy C Rice	707	2016
85-89	Norman L Blackburn	570	2014
90-94	R. Leonard Krause	551	2011
95-99	R. Leonard Krause	475	2015

### BOWLING - DOUBLES - WOMEN'S DOUBLES

50-54	Yu / Schwartz	717	2008
55-59	Bortoluzi / Sigmond	915	2014
60-64	Casey / Hoffman	806	2015
65-69	Pfaff / Durkee	974	2014
70-74	Ross / Dean	917	2014
75-79	Needham / Crawford	859	2010

### BOWLING - DOUBLES - MEN'S DOUBLES

50-54	Rhoads / Day	1295	2010
55-59	Davis / Compton	1341	2015
60-64	Becker / Boeck	1299	2015
65-69	Skog / Hoffman	835	2015
70-74	Ross / Rhoads	1192	2010
75-79	Ross / Rhoads	956	2015
80-84	Ross / Rhoads	887	2016

### BOWLING - MIXED DOUBLES - MIXED DOUBLES

50-54	Webb / Webb	1111	2008
55-59	Elliott / Compton	1182	2015
60-64	Elliott / Myers	1236	2010
65-69	Watkins / Frank	945	2015
70-74	Armour / Garcia Jr.	1282	2007
75-79	Leslie / Leslie	918	2006
80-84	Harris / Cantwell	869	2007
85-89	Townsend / Blackburn	1048	2014

## Cowboy Action Shooting

### COWBOY ACTION SHOOTING - B-WESTERN - WOMEN

65-69	Waneta E Dalton	191.05	2016
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### COWBOY ACTION SHOOTING - B-WESTERN - MEN

55-59	Kevin P Witte	137.12	2016
60-64	Thomas M Fritter	203.19	2016
70-74	William W Dalton	173.34	2016

### COWBOY ACTION SHOOTING - OPEN TRADITIONAL - WOMEN

50-54	Rose M Dimasi	333.80	2009
55-59	Stephanie K Siverling	199.18	2008
60-64	Stephanie K Siverling	165.14	2010
65-69	Sandra L Davidson	195.99	2016
70-74	Carol L Blackwell	237.23	2012
75-79	Carol L Blackwell	306.24	2016
80-84	Iras R Gabryelewicz	499.48	2009

### COWBOY ACTION SHOOTING - OPEN TRADITIONAL - MEN

50-54	Barry R Turner	134.19	2016
55-59	Butch J Kingery	167.38	2012
60-64	Russell K Siverling	130.09	2012
65-69	Russell K Siverling	135.47	2016
70-74	John W Davidson	137.18	2016
75-79	David N George	170.77	2016
80-84	Jack A Spohn	177.21	2016
85-89	Daniel G Plummer	218.87	2016

### COWBOY ACTION SHOOTING - DUELIST - WOMEN

60-64	Chris Steinmetz	399.38	2012
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### COWBOY ACTION SHOOTING - DUELIST - MEN

50-54	Russell A Holm	306.98	2011
55-59	Butch J Kingery	230.55	2013
60-64	Dale E Gigstead	174.53	2016
65-69	Robert J Ostrom	165.73	2012
70-74	William R Parr	206.89	2010
80-84	Paul A Mark	348.91	2012

### COWBOY ACTION SHOOTING - GUNFIGHTER - WOMEN

55-59	Irene L Hertwig	235.20	2009
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### COWBOY ACTION SHOOTING - GUNFIGHTER - MEN

55-59	Derek C Mirkle	197.50	2012
60-64	Mark Rogers	167.18	2016
65-69	David N George	216.94	2009
70-74	David N George	256.74	2011
75-79	Harry R Nelson	254.42	2012

### COWBOY ACTION SHOOTING - OPEN BLACK POWDER - WOMEN

60-64	Chris Steinmetz	448.81	2013
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### COWBOY ACTION SHOOTING - OPEN BLACK POWDER - MEN

55-59	Karl R Mayer	201.90	2012
60-64	Larry E Castle	195.10	2010
65-69	William R Parr	259.68	2009
70-74	Gordon Huggins	347.72	2009

## Cycling

### CYCLING - 5 K TIME TRIAL - WOMEN

50-54	Sile Kiernan	7:37.2	2008
55-59	Beth S Graff	7:43.59	2014
60-64	Barbara L Wilkie	8:57.39	2014
65-69	Susan C Shell	8:53	2002
70-74	Lynn Van Lierop	10:10.5	2013
75-79	Leah T Tarleton	10:19.0	2012
80-84	Leah T Tarleton	10:16.82	2014

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## CYCLING - 5 K TIME TRIAL - MEN

50-54	Tom Potter	7:02.2	2008
55-59	Tom Potter	6:53.9	2013
60-64	Alastair S Lockett	7:09.43	2014
65-69	James V Noonan	7:36.0	2012
70-74	Bob J Kaye	7:55.0	2008
75-79	Bob J Kaye	8:11.0	2012
80-84	Albert C Piemme	8:57.3	2013

## CYCLING - 10 K TIME TRIAL - WOMEN

50-54	Beth S Graff	15:58.0	2008
55-59	Beth S Graff	16:44.69	2014
60-64	Catherine M Renaud	17:40.2	2008
65-69	Kathleen M Pratt	17:16.67	2014
70-74	Lynn Van Lierop	22:53.2	2013
75-79	Leah T Tarleton	24:10.3	2010
80-84	Leah T Tarleton	23:49.75	2014

## CYCLING - 10 K TIME TRIAL - MEN

50-54	Jeffrey D Patterson	14:27	2002
55-59	Alastair S Lockett	14:12.0	2007
60-64	Richard B Young	15:25.0	2007
65-69	Roger A Johnson	15:42.0	2007
70-74	Bob J Kaye	16:07.4	2008
75-79	Bob J Kaye	18:00.0	2012
80-84	Albert C Piemme	19:06.0	2012

## Golf

### GOLF - 18 HOLE TOURNAMENT - WOMEN

50-54	Jan Yu	67	2013
55-59	Mary Jo Rice	68	2010
60-64	Mary A Dart	62	2013
65-69	Carol A Frahm	66	2014
70-74	Diane B Jackson	67	2013
75-79	Mary Ellin Stark	75	2014

### GOLF - 18 HOLE TOURNAMENT - MEN

50-54	Allen Deen	69.6	2015
55-59	Michael Carruth	66.7	2015
60-64	Jim B Dart	65	2014
	Tom N Higgins	65	2008
65-69	Bill D Sherman	64	2013
70-74	Mike Bigelow	65.8	2015
75-79	Grant R Utter	71	2013
80-84	Doug Barrett	69.1	2015
85-89	Michael J Cundari	74	2011
90-94	Michael J Cundari	79	2016

## Power Walking

### POWER WALKING - 1500 METER - WOMEN

50-54	Dora W Choi	10:43.22	2016
55-59	Hilarie P Hauptman	10:32.71	2015
60-64	Nancy Watchie	10:31.54	2016
65-69	Judy Hallisey	12:13.49	2016
70-74	Diane L Johnson	10:43.61	2015
75-79	Edythe A Hulet	13:19.36	2016
80-84	Marlene A Knechtel	13:16.38	2016

## POWER WALKING - 1500 METER - MEN

60-64	James M Nelson	11:19.23	2015
65-69	Dan Austad	10:29.73	2015
70-74	Stephen W Peirce	13:00.41	2016
80-84	Bob L Brown	12:13.13	2016

## Race Walk

### RACE WALK - 1500 M - WOMEN

50-54	Michelle K Cunningham	9:14.23	2012
55-59	Janet L Wiebold	10:23.7	2002
60-64	Suzanne B Sharp	9:36.29	2016
65-69	Diane L Johnson	9:52.36	2009
70-74	Diane L Johnson	10:48.18	2015
75-79	Lisbeth H Naber	13:39.3	2004
80-84	Marlene A Knechtel	13:23.16	2014
85-89	Lisbeth H Naber	19:16.04	2016

### RACE WALK - 1500 M - MEN

50-54	Brent Marsden	8:37.8	2004
55-59	Rob Frank	7:45.03	2011
60-64	Rob Frank	7:53.28	2012
65-69	Richard O Zerbe	8:28.4	2004
70-74	George I Opsahl	8:48.69	2011
75-79	Ron C MacPike	10:06.86	2009
80-84	Ron C MacPike	10:55.38	2013
85-89	Chet G Gill	13:42.53	2003

### RACE WALK - 5 K - WOMEN

50-54	Michelle K Cunningham	33:17.3	2012
55-59	Karen H Ellick	35:59.7	2002
60-64	Diane L Johnson	33:40.6	2007
65-69	Diane L Johnson	34:35.1	2010

### RACE WALK - 5 K - MEN

50-54	Terry M Buchanan	30:57.3	2002
55-59	Rob Frank	26:55.8	2011
60-64	Rob Frank	27:54.9	2012
65-69	Stan Chraminski	29:13.3	2012
70-74	George I Opsahl	31:18.2	2011
75-79	Ron C MacPike	34:48.1	2009
80-84	Ron C MacPike	37:18.5	2013

## Road Run

### ROAD RUN - 5 K - WOMEN

50-54	Julie A Weber	21:53.3	2007
55-59	Angela K French	22:30.9	2014
60-64	Susan B Gehrke	23:03.9	2013
65-69	Jane A Treleven	22:25.3	2013
70-74	Judy Fisher	24:21.8	2014
75-79	Louise Mihay	31:53.58	2015
80-84	Doris P Northstrom	44:06.80	2016

### ROAD RUN - 5 K - MEN

50-54	David B Richard	17:23.4	2004
55-59	David B Richard	18:22.1	2008
60-64	Craig W Andersen	18:44.6	2008
65-69	Craig W Andersen	19:20.1	2012
70-74	Ed Heckard	23:05.50	2016
75-79	Douglas E Woollen	26:20.87	2015
80-84	George F Murray	28:18.2	2004
85-89	Keith H Wood	32:00.70	2015

# Washington State Senior Games - Records (2001 through 2016)

## ROAD RUN - 10 K - WOMEN

50-54	Jodie L Bolt	46:10.64	2016
55-59	Karen E Schoessel	46:46.9	2009
60-64	Karen E Schoessel	48:40.1	2013
65-69	Donna Y Jackson	49:17.57	2015
70-74	Judy Fisher	49:51.97	2015
75-79	Billie Smith	1:04:38	2001

## ROAD RUN - 10 K - MEN

50-54	David B Richard	35:30	2003
55-59	David B Richard	38:45.5	2011
60-64	Mickey E Allen	41:30.49	2016
65-69	Craig W Andersen	41:59.3	2013
70-74	Jerry V Gammill	44:03.1	2012
75-79	Paul J Flanagan	49:38.3	2008
80-84	Paul J Flanagan	52:38.2	2011
85-89	Keith H Wood	1:06:20.5	2014

## Rock Climbing

### ROCK CLIMBING - INDIVIDUAL - WOMEN

50-54	Pamela Firth	2175	2013
55-59	Pamela Firth	1500	2016
60-64	Tobey M Anderson	2350	2013

### ROCK CLIMBING - INDIVIDUAL - MEN

50-54	Anson Brooks	1925	2016
55-59	Dave E Engle	2550	2014
60-64	Edward Agius	3650	2013
65-69	Bob C Firth	900	2014
70-74	William H Evans	1950	2016

## Swimming

### SWIMMING - 25 YD FREESTYLE - WOMEN

50-54	Eloise Travess	16.21	2003
55-59	Kathy L Morris	14.26	2013
60-64	Ann Peterson Sheerer	13.84	2011
65-69	Gloria Waggoner	15.14	2015
70-74	Suzie Aldrich	17.39	2014
75-79	Susanne Zimsen	19.52	2016
80-84	Elizabeth F Naylor	31.94	2012
85-89	Evelyn R Hoffman	31.87	2003
90-94	Marjorie J Wintersteen	37.75	2011
95-99	Evelyn R Hoffman	52.60	2014

### SWIMMING - 25 YD FREESTYLE - MEN

50-54	Tom A Puddy	12.08	2003
55-59	James L Mange	12.09	2013
60-64	Sonny Garrett	12.03	2006
65-69	Jerry E Tauscher	13.93	2010
70-74	Bob Jacobs	13.43	2011
75-79	Bob Jacobs	13.83	2016
80-84	Richard R Knight	16.33	2013
85-89	David T Newton	20.01	2011
90-94	Harlie A Peterson	38.48	2011

## SWIMMING - 25 YD BACKSTROKE - WOMEN

50-54	Zena H Courtney	15.20	2012
55-59	Bonnie S Raume	21.49	2001
60-64	Victoria W Sheldon	22.60	2008
65-69	Suzie Aldrich	19.53	2012
70-74	Suzie Aldrich	19.90	2014
75-79	Susanne Zimsen	23.82	2016
80-84	Elizabeth F Naylor	29.50	2015
85-89	Elizabeth F Naylor	30.41	2016
90-94	Marjorie J Wintersteen	46.74	2011
95-99	Evelyn R Hoffman	56.47	2014

## SWIMMING - 25 YD BACKSTROKE - MEN

50-54	Carl B Haynie	13.45	2014
55-59	Carl B Haynie	13.56	2015
60-64	Perry M Dolan	16.55	2002
65-69	Michael R Forrest	16.28	2012
70-74	Bob Jacobs	17.01	2012
75-79	Richard R Knight	20.82	2012
80-84	Richard R Knight	20.61	2013
85-89	Gene L Stanley	28.42	2012
90-94	Harlie A Peterson	31.13	2011

## SWIMMING - 25 YD BREASTSTROKE - WOMEN

50-54	Eloise Travess	20.57	2003
55-59	Dani L Keller	20.91	2012
60-64	Candace R Reklinski	22.10	2012
65-69	Gloria Waggoner	19.79	2015
70-74	Sue R Warren	22.02	2012
75-79	Dolores J Odendahl	30.48	2011
80-84	Ilse E Walters	35.58	2009
95-99	Evelyn R Hoffman	1:19.43	2014

## SWIMMING - 25 YD BREASTSTROKE - MEN

50-54	Patrick B McGinley	15.86	2016
55-59	Rick K Howell	14.15	2016
60-64	Perry M Dolan	17.58	2002
65-69	Don Senger	18.89	2006
70-74	Bob Jacobs	17.87	2011
75-79	Richard R Knight	20.77	2012
80-84	Richard R Knight	21.05	2013
85-89	Gene L Stanley	28.87	2012
90-94	Harlie A Peterson	50.05	2011

## SWIMMING - 25 YD BUTTERFLY - WOMEN

50-54	Cynthia L Hirst	16.87	2014
55-59	Mary Jane Ewing	16.46	2003
60-64	Ann Peterson Sheerer	16.16	2011
65-69	Karen L Peterson-Gerrior	18.00	2011
70-74	Jill D Fritz	24.05	2011
75-79	Annette M Kirk	26.48	2010
80-84	Bernice M Phillips	34.0	2007
85-89	Pat L Matthiesen	42.93	2001

## SWIMMING - 25 YD BUTTERFLY - MEN

50-54	Tom A Puddy	13.25	2003
55-59	James L Mange	13.34	2013
60-64	Sonny Garrett	10.87	2006
65-69	Jerry E Tauscher	16.00	2010
70-74	Bob Jacobs	14.58	2011
75-79	Bob Jacobs	15.22	2016
80-84	Jack R Fritz	24.57	2013

# Washington State Senior Games - Records (2001 through 2016)

## SWIMMING - 50 YD FREESTYLE - WOMEN

50-54	Lori B Clark	28.51	2008
55-59	Lori B Clark	28.03	2012
60-64	Ann Peterson Sheerer	32.37	2011
65-69	Gloria Waggoner	34.11	2015
70-74	Anne P Olson	39.56	2008
75-79	Susanne Zimsen	42.04	2016
80-84	Gloria M Tolaro	45.42	2010
85-89	Elizabeth F Naylor	54.29	2016
90-94	Evelyn R Hoffman	1:23.67	2009
95-99	Evelyn R Hoffman	1:54.14	2013

## SWIMMING - 50 YD FREESTYLE - MEN

50-54	Rick D Parnell	26.11	2009
55-59	Carl B Haynie	25.34	2015
60-64	Vinus Van Baalen	25.65	2006
65-69	Vinus Van Baalen	26.14	2008
70-74	Bob Jacobs	29.98	2011
75-79	John H Ehrenreich	33.45	2005
80-84	John H Ehrenreich	36.81	2009
85-89	David T Newton	43.76	2012
90-94	Harlie A Peterson	1:13.28	2011

## SWIMMING - 50 YD BACKSTROKE - WOMEN

50-54	Zena H Courtney	32.37	2012
55-59	Lori B Clark	33.23	2012
60-64	Candace A Jacobs	42.26	2014
65-69	Suzie Aldrich	41.53	2011
70-74	Suzie Aldrich	46.01	2014
75-79	Gloria M Tolaro	48.93	2007
80-84	Gloria M Tolaro	51.23	2010
85-89	Elizabeth F Naylor	1:07.61	2016
90-94	Evelyn R Hoffman	1:19.26	2008
95-99	Evelyn R Hoffman	1:52.57	2013

## SWIMMING - 50 YD BACKSTROKE - MEN

50-54	Carl B Haynie	29.04	2014
55-59	Carl B Haynie	28.53	2016
60-64	Vinus Van Baalen	30.75	2006
65-69	Vinus Van Baalen	31.24	2008
70-74	Bob Jacobs	38.08	2012
75-79	John H Ehrenreich	45.88	2004
80-84	Thomas D Rigley	47.21	2008
85-89	George M Roudebush	57.78	2010
90-94	Harlie A Peterson	1:28.79	2011

## SWIMMING - 50 YD BREASTSTROKE - WOMEN

50-54	Elizabeth K Kassen	43.78	2006
55-59	Tammy K Wilson	38.42	2013
60-64	Arni H Litt	44.19	2006
65-69	Gloria Waggoner	43.32	2015
70-74	Sue R Warren	49.87	2011
75-79	Susanne Zimsen	55.01	2016
80-84	Gloria M Tolaro	1:03.08	2010
85-89	Ilse E Walters	1:29.82	2014
90-94	Evelyn R Hoffman	1:37.08	2008

## SWIMMING - 50 YD BREASTSTROKE - MEN

50-54	Carl B Haynie	32.27	2014
55-59	Rick Colella	30.81	2008
60-64	Steven B Peterson	34.38	2009
65-69	Dennis L Sawyer	34.56	2010
70-74	Steven B Peterson	36.80	2016
75-79	Richard R Knight	46.42	2012
80-84	Richard R Knight	48.06	2013
85-89	Gene L Stanley	1:07.77	2012
90-94	Harlie A Peterson	2:01.96	2011

## SWIMMING - 50 YD BUTTERFLY - WOMEN

50-54	Lori B Clark	31.40	2008
55-59	Lori B Clark	30.82	2012
60-64	Jean L Blackburn	40.32	2012
65-69	Karen L Peterson-Gerrior	47.52	2011
70-74	Mary MacClellan	50.77	2014
75-79	Charlotte C Snow	1:27.84	2016
85-89	Pat L Matthiesen	1:39.62	2001

## SWIMMING - 50 YD BUTTERFLY - MEN

50-54	Kirby D Schauffer	29.58	2011
55-59	Carl B Haynie	28.57	2016
60-64	Sonny Garrett	29.86	2006
65-69	Vinus Van Baalen	31.23	2008
70-74	Bob Jacobs	34.10	2011
75-79	Charles C Nelson	44.91	2016
80-84	John H Ehrenreich	48.46	2009

## SWIMMING - 100 YD FREESTYLE - WOMEN

50-54	Erin K Burgman	1:00.96	2012
55-59	Lori B Clark	1:04.44	2012
60-64	Elizabeth K Kassen	1:11.97	2015
65-69	Joan D Delgado	1:23.70	2010
70-74	Carol A Grisso	1:26.35	2014
75-79	Peg A Cloutier	1:37.24	2010
80-84	Gloria M Tolaro	1:51.51	2011
85-89	Marion K Chadwick	2:33.83	2006
90-94	Lee G Holm	3:24.29	2004

## SWIMMING - 100 YD FREESTYLE - MEN

50-54	Rick D Parnell	56.82	2010
55-59	Carl B Haynie	55.83	2016
60-64	Vinus Van Baalen	58.64	2006
65-69	Dan L Kirkland	59.41	2014
70-74	Bill King	1:09.82	2005
75-79	Bill King	1:16.26	2008
80-84	John H Ehrenreich	1:27.32	2009
85-89	David T Newton	1:45.07	2012

## SWIMMING - 100 YD BACKSTROKE - WOMEN

50-54	Zena H Courtney	1:09.81	2012
55-59	Lori B Clark	1:20.16	2010
60-64	Annie M Cubberly	1:35.20	2013
65-69	Suzie Aldrich	1:32.81	2012
70-74	Suzie Aldrich	1:44.55	2014
75-79	Bernice M Phillips	1:59.37	2006
80-84	Bernice M Phillips	2:01.67	2008
85-89	Elizabeth F Naylor	2:32.32	2016
90-94	Lee G Holm	3:15.19	2004

# Washington State Senior Games - Records (2001 through 2016)

## SWIMMING - 100 YD BACKSTROKE - MEN

50-54	Carl B Haynie	1:00.63	2014
55-59	Carl B Haynie	1:00.53	2015
60-64	Dan L Kirkland	1:08.54	2008
65-69	Lee Carlson	1:29.99	2006
70-74	Bob Jacobs	1:30.76	2013
75-79	John H Ehrenreich	1:44.40	2006
80-84	Gene L Stanley	2:12.34	2007
85-89	George M Roudebush	2:19.78	2010

## SWIMMING - 100 YD BREASTSTROKE - WOMEN

50-54	Kimberly T Ellwanger	1:35.74	2010
55-59	Tammy K Wilson	1:22.47	2013
60-64	Arni H Litt	1:35.52	2006
65-69	Gloria Waggoner	1:33.86	2015
70-74	Sue R Warren	1:48.51	2011
75-79	Charlotte C Snow	2:13.63	2014
80-84	Gloria M Tolaro	2:17.88	2012
85-89	Ilse E Walters	3:20.95	2013

## SWIMMING - 100 YD BREASTSTROKE - MEN

50-54	Carl B Haynie	1:11.89	2014
55-59	Rick Colella	1:06.67	2008
60-64	Steven B Peterson	1:16.65	2008
65-69	Roy A Davis	1:18.51	2007
70-74	Steven B Peterson	1:21.16	2016
75-79	Richard R Knight	1:46.93	2012
80-84	Thomas T Taylor	1:57.32	2014

## SWIMMING - 100 YD BUTTERFLY - WOMEN

50-54	Wendy E Hoffman	1:34.01	2014
55-59	Tammy K Wilson	1:17.64	2013
60-64	Elizabeth K Kassen	1:28.63	2012
65-69	Val Nevile Carter	1:57.41	2010

## SWIMMING - 100 YD BUTTERFLY - MEN

50-54	Mike Kadi	1:05.74	2014
55-59	Rick Colella	1:00.04	2008
60-64	Stephen D Smith	1:14.70	2011
65-69	Alan Weaver	1:54.20	2005
70-74	Bob Jacobs	1:28.52	2015
75-79	Bob Jacobs	1:34.79	2016

## SWIMMING - 100 YD IM - WOMEN

50-54	Zena H Courtney	1:12.57	2012
55-59	Lori B Clark	1:12.68	2012
60-64	Candace A Jacobs	1:30.85	2014
65-69	Gloria Waggoner	1:30.76	2015
70-74	Mary MacClellan	1:49.34	2014
75-79	Gloria M Tolaro	2:05.37	2006
80-84	Gloria M Tolaro	2:12.04	2012
85-89	Evelyn R Hoffman	3:36.77	2007
90-94	Evelyn R Hoffman	3:43.58	2008
95-99	Evelyn R Hoffman	6:06.20	2013

## SWIMMING - 100 YD IM - MEN

50-54	Mike Kadi	1:07.65	2014
55-59	Carl B Haynie	1:02.13	2016
60-64	Gary L Benson	1:11.08	2011
65-69	Vinus Van Baalen	1:10.96	2008
70-74	Bob Jacobs	1:25.16	2014
75-79	John H Ehrenreich	1:38.41	2005
80-84	Gene L Stanley	1:48.60	2009
85-89	George M Roudebush	2:42.21	2010

## SWIMMING - 200 YD FREESTYLE - WOMEN

50-54	Erin K Burgman	2:18.82	2012
55-59	Tammy K Wilson	2:24.84	2014
60-64	Elizabeth K Kassen	2:30.99	2016
65-69	Anne P Olson	3:05.99	2006
70-74	Anne P Olson	3:10.37	2008
75-79	Peg A Cloutier	3:41.19	2012
80-84	Marion K Chadwick	5:30.13	2003
85-89	Pat L Matthesen	5:41.57	2001
90-94	Lee G Holm	6:50.41	2004

## SWIMMING - 200 YD FREESTYLE - MEN

50-54	Rick D Parnell	2:05.70	2010
55-59	Dan L Kirkland	2:07.60	2007
60-64	Dan L Kirkland	2:08.45	2010
65-69	Frank Warner	2:34.74	2014
70-74	Bill King	2:39.19	2005
75-79	Bill King	2:54.14	2008
80-84	Earl N Ellis	3:15.84	2016
85-89	David T Newton	4:21.96	2012

## SWIMMING - 200 YD BACKSTROKE - WOMEN

50-54	Zena H Courtney	2:33.24	2012
55-59	Lori B Clark	2:58.00	2010
60-64	Kate Sutherland	4:24.59	2009
65-69	Suzie Aldrich	3:27.12	2012
70-74	Jill D Fritz	4:11.84	2012
75-79	Jill D Fritz	4:17.57	2016
80-84	Janet D Kavadas	5:00.91	2011
85-89	Elizabeth F Naylor	5:28.63	2016
90-94	Lee G Holm	6:43.54	2004

## SWIMMING - 200 YD BACKSTROKE - MEN

50-54	Carl B Haynie	2:18.08	2013
55-59	Carl B Haynie	2:18.41	2015
60-64	Dan L Kirkland	2:27.20	2010
65-69	Dan L Kirkland	2:26.66	2014
70-74	Michael McColly	2:44.14	2016
75-79	John F Sauers	4:15.52	2008
80-84	Gene L Stanley	4:55.25	2009
85-89	George M Roudebush	4:59.21	2010

## SWIMMING - 200 YD BREASTSTROKE - WOMEN

50-54	Wendy E Hoffman	3:26.29	2016
55-59	Tammy K Wilson	3:00.39	2013
60-64	Arni H Litt	3:24.83	2006
65-69	Sue R Warren	3:52.06	2010
70-74	Sue R Warren	3:57.63	2011
75-79	Charlotte C Snow	4:47.88	2015
80-84	Grietje Rita Watson	5:36.26	2010
85-89	Ilse E Walters	7:04.28	2013

# Washington State Senior Games - Records (2001 through 2016)

## SWIMMING - 200 YD BREASTSTROKE - MEN

50-54	James L Mange	2:50.80	2012
55-59	Rick Colella	2:25.62	2008
60-64	Steven B Peterson	2:48.23	2006
65-69	Roy A Davis	2:52.42	2007
70-74	Steven B Peterson	2:59.77	2016
75-79	Don L Rehfeldt	4:28.71	2013
80-84	Thomas T Taylor	4:15.54	2014

## SWIMMING - 200 YD BUTTERFLY - WOMEN

50-54	Phyllis E Quinn	3:20.04	2008
55-59	Elizabeth K Kassen	3:19.96	2011
60-64	Elizabeth K Kassen	3:19.32	2014

## SWIMMING - 200 YD BUTTERFLY - MEN

50-54	Kirby D Schaufler	2:42.90	2011
55-59	Kirby D Schaufler	2:50.84	2016
60-64	Gary L Benson	3:09.11	2012
70-74	Charles C Nelson	4:48.26	2013

## SWIMMING - 200 YD IM - WOMEN

50-54	Phyllis E Quinn	2:56.73	2008
55-59	Tammy K Wilson	2:41.21	2014
60-64	Elizabeth K Kassen	2:59.17	2012
65-69	Joan D Delgado	3:37.94	2011
80-84	Marion K Chadwick	7:16.72	2001
85-89	Pat L Matthiesen	6:47.47	2001

## SWIMMING - 200 YD IM - MEN

50-54	Carl B Haynie	2:23.26	2011
55-59	Rick Colella	2:14.59	2008
60-64	Steven B Peterson	2:37.29	2006
65-69	Steven B Peterson	2:41.72	2011
70-74	Steven B Peterson	2:52.01	2016
75-79	Charles C Nelson	3:55.75	2016
80-84	Herb Larson	6:41.45	2010

## SWIMMING - 400 YD IM - WOMEN

50-54	Wendy E Hoffman	6:36.86	2016
60-64	Elizabeth K Kassen	6:23.62	2016

## SWIMMING - 400 YD IM - MEN

50-54	Patrick B McGinley	5:52.16	2016
55-59	James L Mange	8:03.34	2016

## SWIMMING - 500 YD FREESTYLE - WOMEN

50-54	Zena H Courtney	6:01.12	2012
55-59	Elizabeth K Kassen	6:41.41	2011
60-64	Elizabeth K Kassen	6:39.55	2016
65-69	Anne P Olson	8:21.48	2006
70-74	Anne P Olson	8:30.86	2008
75-79	Peg A Cloutier	9:41.35	2010
80-84	Gloria M Tolaro	10:46.45	2011
85-89	Marion K Chadwick	15:15.72	2006
90-94	Lee G Holm	17:56.14	2004

## SWIMMING - 500 YD FREESTYLE - MEN

50-54	Rick D Parnell	5:50.05	2010
55-59	Rick Colella	5:23.32	2008
60-64	Dan L Kirkland	5:46.65	2010
65-69	Dan L Kirkland	5:40.83	2014
70-74	Michael McColly	6:19.93	2016
75-79	Bill King	7:49.31	2008
80-84	Thomas T Taylor	8:13.49	2014
85-89	George M Roudebush	13:14.90	2010

## Track and Field

### TRACK AND FIELD - DISCUS - WOMEN

50-54	Pauline M Geraci	78'9"	2010
55-59	Yvonne M Kirkpatrick	81'9"	2012
60-64	Lynn Dow	80'9"	2011
65-69	Frances M Melzer	70'3"	2004
70-74	Frances M Melzer	60'5"	2009
75-79	Frances M Melzer	62'3"	2014
85-89	Lisbeth H Naber	19'06"	2016

### TRACK AND FIELD - DISCUS - MEN

50-54	Lance A Neubauer	153'10"	2013
55-59	Charles C Cacek	141'6"	2012
60-64	Gordon H Stenerson	146'6.5"	2005
65-69	Bob Lawson	146'4"	2001
70-74	Neil E Saling	136'10"	2008
75-79	Bob Lawson	119'6"	2010
80-84	Richard C Harrison	96'10"	2014
85-89	Jack S Hudgins	83'1"	2013
90-94	Henry A Lahaug	43'8"	2003
95-99	R. Leonard Krause	39'02"	2016

### TRACK AND FIELD - JAVELIN - WOMEN

50-54	Carla L Hoppie	68'7"	2011
55-59	Linda G Harris	85'2"	2004
60-64	Marg Radcliffe	89'9"	2002
65-69	Elisabeth A Rollins	75'0"	2014
70-74	Janice J Bradley	51'7"	2009
75-79	Janice J Bradley	48'01"	2015
80-84	Olga M Kotelko	53'7"	2002
85-89	Gertrude F Wilhelmsen	18'1"	2001

### TRACK AND FIELD - JAVELIN - MEN

50-54	Paul McPherson	159'10"	2002
55-59	Thomas R Sinclair	168'4"	2012
60-64	Rudy K Vlaardingerbroek	146'8"	2008
65-69	Gary M Stenlund	180'11"	2006
70-74	Jerry A Huhn	141'10"	2011
75-79	Jim M Backstrand	140'1"	2014
80-84	Richard C Harrison	85'2"	2012
85-89	Gene L Stanley	56'5"	2012
90-94	Frank C Weber	44'4"	2014

# Washington State Senior Games - Records (2001 through 2016)

## TRACK AND FIELD - SHOT PUT - WOMEN

100-104	Marguerite W Kueckelhan	6'1"	2001
105-109	Marguerite W Kueckelhan	6'0"	2002
50-54	Carla L Hoppie	31'5"	2011
55-59	Connie B Schmidt	36'9"	2013
60-64	Connie B Schmidt	35'05.5"	2016
65-69	Elisabeth A Rollins	28'1"	2014
70-74	Sandy J Anderson	23'1"	2012
75-79	Frances M Melzer	24'6.5"	2014
80-84	Olga M Kotelko	15'9"	2002
85-89	Lisbeth H Naber	13'8.25"	2014

## TRACK AND FIELD - SHOT PUT - MEN

50-54	Jim M Patterson	51'05.5"	2016
55-59	Christopher W Penoyar	43'9.5"	2009
60-64	Jerry L Ford	46'9"	2008
65-69	Jerry L Ford	42'11.5"	2011
70-74	Robert R Ward	46'11"	2009
75-79	Robert R Ward	40'10"	2014
80-84	Kenneth Wright	37'3.5"	2005
85-89	Jack S Hudgins	30'10"	2013
90-94	R. Leonard Krause	23'1.25"	2010
95-99	R. Leonard Krause	19'05"	2015

## TRACK AND FIELD - SOFTBALL THROW - WOMEN

50-54	Jennifer J Hogan	126'4"	2008
55-59	Linda G Harris	146'4"	2004
60-64	Margaret J Steeves	144'7"	2013
65-69	Margaret J Steeves	114'2"	2014
70-74	Kathleen K O'Shaunessy	68'04"	2015
75-79	Frances M Melzer	60'1"	2014
80-84	Olga M Kotelko	75'6"	2002
85-89	Gertrude F Wilhelmsen	23'1"	2001

## TRACK AND FIELD - SOFTBALL THROW - MEN

50-54	Domenic M Ficarra	228'4"	2002
55-59	Pedro A Sagisi	235'9"	2008
60-64	Tully R Swanberg	221'9.25"	2006
65-69	William S Fleener	211'4"	2002
70-74	Bob Lawson	184'7"	2006
75-79	Del R Alaways	149'2"	2006
80-84	Gilbert M Splaine	132'5"	2002
85-89	Gilbert M Splaine	110'8.5"	2006
90-94	Gilbert M Splaine	95'2"	2010
95-99	Gilbert M Splaine	73'08"	2015

## TRACK AND FIELD - FOOTBALL THROW - WOMEN

50-54	Shannon G Houlihan	96'0"	2010
55-59	Shannon G Houlihan	91'07"	2016
60-64	Kathy D Shouse	75'1"	2010
65-69	Carol Burckhardt	65'6"	2010
70-74	Carol Burckhardt	58'00"	2016
75-79	Janice J Bradley	46'11"	2015

## TRACK AND FIELD - FOOTBALL THROW - MEN

50-54	Ron R Westfall	149'0"	2012
55-59	Gary R Shank	153'3"	2012
60-64	Gary R Shank	146'03"	2015
65-69	Michael J Watson	107'3"	2013
70-74	Jerry A Huhn	112'8"	2011
75-79	Bob Lawson	105'0"	2010
80-84	Bob L Brown	61'04"	2016
90-94	R. Leonard Krause	42'9"	2012
95-99	R. Leonard Krause	33'05"	2015

## TRACK AND FIELD - HAMMER THROW - WOMEN

50-54	Anne J Murfitt	73'11"	2012
55-59	Joyce E Taylor	114'10"	2006
60-64	Rose M Hare	98'5"	2012
65-69	Sue C Hinz	84'7"	2013
70-74	Frances M Melzer	85'9"	2009
75-79	Frances M Melzer	91'3"	2014

## TRACK AND FIELD - HAMMER THROW - MEN

50-54	Ray E Burton	168'1.75"	2009
55-59	Lance A Neubauer	129'0.5"	2014
60-64	Todd H Taylor	177'6"	2008
65-69	George R Mathews	166'11"	2008
70-74	George R Mathews	156'7"	2014
75-79	Jerry A Huhn	119'07"	2016
80-84	Harvey E Lewellen	137'7"	2009
85-89	R. Leonard Krause	69'8.75"	2006

## TRACK AND FIELD - WEIGHT THROW - WOMEN

50-54	Catherine E Huhn	24'06"	2016
55-59	Joyce E Taylor	34'4"	2008
60-64	Rose M Hare	37'4"	2012
65-69	Sue C Hinz	31'8"	2013
70-74	Frances M Melzer	32'11"	2009
75-79	Frances M Melzer	32'11"	2015

## TRACK AND FIELD - WEIGHT THROW - MEN

50-54	Lance A Neubauer	46'10.5"	2011
55-59	Lance A Neubauer	45'9"	2015
60-64	Todd H Taylor	59'1"	2008
65-69	George R Mathews	65'2"	2008
70-74	George R Mathews	64'6"	2014
75-79	Jerry A Huhn	45'02"	2016
80-84	Harvey E Lewellen	48'0"	2009
85-89	George M Roudebush	26'3"	2010

## TRACK AND FIELD - LONG JUMP - WOMEN

50-54	Jana R Gedde	14'9.5"	2008
55-59	Nedra J Darnell	12'1.5"	2002
60-64	Nedra J Darnell	11'4.5"	2004
65-69	Joyce Trader	13'1.5"	2003
70-74	Joyce Trader	10'3.5"	2009
75-79	Christa Bortignon	11'1.25"	2014
80-84	Olga M Kotelko	6'11.5"	2002



# Washington State Senior Games - Records (2001 through 2016)

## TRACK AND FIELD - LONG JUMP - MEN

50-54	David E Ortman	18' 3"	2005
55-59	Jimmy G Crittenden	18' 0.75"	2005
60-64	Robert W Blackburn	16'08.5"	2016
65-69	Roy Turkington	14'05.5"	2016
70-74	Roger C Vergin	13'11.75"	2011
75-79	Roger C Vergin	13'0.5"	2012
80-84	Richard C Harrison	10'9"	2012
85-89	Gilbert M Splaine	9' 1.5"	2005
	Gilbert M Splaine	9'1.5"	2006
90-94	Gilbert M Splaine	8'7.25"	2010
95-99	Gilbert M Splaine	5'06"	2015

## TRACK AND FIELD - STANDING LONG JUMP - WOMEN

50-54	Jana R Gedde	7'3.5"	2008
55-59	Carla L Hoppie	6'8"	2013
60-64	Patti L Kacz	5'10"	2016
65-69	Deborah Lee	5'10"	2015
70-74	Kathy Zombor	5'5.75"	2013
75-79	Christa Bortignon	5'9"	2014

## TRACK AND FIELD - STANDING LONG JUMP - MEN

50-54	Ron R Westfall	9'0.5"	2013
55-59	Jimmy G Crittenden	8'8"	2004
60-64	Mel Schaefer	8'8.5"	2009
65-69	Paul H Roberts	8'0"	2012
70-74	Paul H Roberts	7'06.75"	2015
75-79	Roger C Vergin	7'1.5"	2012
80-84	Charles T Milliman	5'8.5"	2013
85-89	Gilbert M Splaine	5'2.75"	2009
90-94	Gilbert M Splaine	6'5.75"	2010
95-99	R. Leonard Krause	3'01.50"	2015

## TRACK AND FIELD - TRIPLE JUMP - WOMEN

50-54	Jana R Gedde	29'1.5"	2008
55-59	Joyce A Taylor	16'11.25"	2015
60-64	Elisabeth A Rollins	24'2.75"	2012
65-69	Elisabeth A Rollins	25'1"	2014
70-74	Kathy Zombor	18'3.25"	2013
75-79	Christa Bortignon	24'6.5"	2014

## TRACK AND FIELD - TRIPLE JUMP - MEN

50-54	Kevin E Turner	38'1"	2010
55-59	Joe C Smith	36'00.25"	2015
60-64	David E Ortman	31'3"	2014
65-69	Frank E Tilton	29'0"	2014
70-74	Roger C Vergin	27'9"	2011
75-79	Norman S MacLeod	28'6.25"	2011
80-84	Kermit Walker	23'09.75"	2016

## TRACK AND FIELD - HIGH JUMP - WOMEN

50-54	Carla L Hoppie	4'3"	2011
55-59	Carla L Hoppie	3'11"	2013
60-64	Marg Radcliffe	4'2"	2002
65-69	Sandy J Anderson	4'0"	2007
70-74	Sandy J Anderson	3'8"	2012
75-79	Frances M Melzer	3'3"	2014
80-84	Olga M Kotelko	3'2"	2002

## TRACK AND FIELD - HIGH JUMP - MEN

50-54	James C Lewis	5'7"	2016
55-59	Jimmy G Crittenden	5'5"	2005
60-64	David E Ortman	5'0.25"	2014
65-69	Robert L Sheedy	4'8"	2007
70-74	Robert L Sheedy	4'6"	2011
75-79	Robert L Sheedy	4'1.25"	2016
80-84	Jack Fischer	3'10"	2012
85-89	Gilbert M Splaine	3'7"	2008
90-94	Gilbert M Splaine	2'11"	2010
95-99	Gilbert M Splaine	2'01"	2015

## TRACK AND FIELD - POLE VAULT - WOMEN

50-54	Donna Schultz	10'0"	2007
65-69	Sandy J Anderson	6'0"	2007

## TRACK AND FIELD - POLE VAULT - MEN

50-54	Louis S Baucom	13'9"	2007
55-59	Dick Clintworth	11'9"	2002
60-64	Dennis J Phillips	12'0"	2008
65-69	Philip C Milliman	10'06"	2016
70-74	David L Butler	8'0"	2012
	Robert L Sheedy	8'0"	2011
	Fred N Zapf	8'0"	2014
	Fred N Zapf	8'0"	2013
	Fred N Zapf	8'0"	2012
	David L Butler	8'0"	2009
	David L Butler	8'0"	2010
	David L Butler	8'0"	2011
75-79	Fred N Zapf	8'06"	2016
80-84	John P Cleveland	7'8"	2004
85-89	Lew F Luehrs	3'3"	2004

## TRACK AND FIELD - 50 M - WOMEN

50-54	Jana R Gedde	7.41	2008
55-59	Candy M Puterbaugh	7.83	2004
60-64	Lynne A Clewell	8.06	2004
65-69	Joyce Trader	7.79	2004
70-74	Joyce Trader	8.84	2009
75-79	Christa Bortignon	8.72	2014
80-84	Nikki L Ryan	11.56	2014
85-89	Florence L Latter	16.51	2009
90-94	Florence L Latter	19.02	2014

## TRACK AND FIELD - 50 M - MEN

50-54	Willie Venable	6.26	2004
55-59	David E Ortman	6.74	2009
60-64	Charles J Brocato	6.88	2005
65-69	Charles J Brocato	7.29	2011
70-74	Darwin Grimm	7.50	2004
75-79	Ray Guimary	7.70	2004
80-84	Donald W Fitzwater	8.57	2010
85-89	Gilbert M Splaine	9.43	2005
90-94	Gilbert M Splaine	9.88	2010
95-99	Gilbert M Splaine	12.73	2015

# Washington State Senior Games - Records (2001 through 2016)

## TRACK AND FIELD - 100 M - WOMEN

50-54	Jana R Gedde	13.72	2008
55-59	Karlyne M Fazio	14.55	2012
60-64	Marg Radcliffe	15.6	2002
	Lynne A Clewell	15.6	2002
65-69	Joyce Trader	15.32	2004
70-74	Joyce Trader	17.10	2006
75-79	Christa Bortignon	16.17	2014
80-84	Olga M Kotelko	20.7	2002
85-89	Florence L Latter	32.20	2009
90-94	Mabel O'Hare	31.0	2002

## TRACK AND FIELD - 100 M - MEN

50-54	David E Ortman	12.19	2005
55-59	David E Ortman	12.55	2008
60-64	David E Ortman	12.88	2014
65-69	Paul F Edens	13.02	2006
70-74	Charles J Brocato	13.98	2014
75-79	Roger C Vergin	15.53	2014
80-84	Donald W Fitzwater	16.01	2010
85-89	Donald W Fitzwater	18.84	2015

## TRACK AND FIELD - 200 M - WOMEN

50-54	Amanda C Shearer-Hannah	30.40	2016
55-59	Daphne A Sluys	29.75	2016
60-64	Candy M Puterbaugh	33.90	2008
65-69	Joyce Trader	33.02	2004
70-74	Joyce Trader	37.23	2006
75-79	Christa Bortignon	34.96	2014
80-84	Marlene A Knechtel	1:01.04	2014

## TRACK AND FIELD - 200 M - MEN

50-54	David E Ortman	24.57	2005
55-59	David E Ortman	25.70	2008
60-64	David E Ortman	26.41	2014
65-69	Paul F Edens	26.86	2006
70-74	Charles J Brocato	29.28	2014
75-79	Roger C Vergin	33.25	2014
80-84	Donald B Kane	36.42	2013
85-89	Donald W Fitzwater	45.22	2015

## TRACK AND FIELD - 400 M - WOMEN

50-54	Amanda C Shearer-Hannah	1:11.61	2016
55-59	Daphne A Sluys	1:08.90	2016
60-64	Candy M Puterbaugh	1:18.10	2008
65-69	Diane Palmason	1:19.52	2007
70-74	Louise Mihay	1:40.37	2010
75-79	Louise Mihay	1:49.18	2015
80-84	Gail J Everett	2:05.16	2016

## TRACK AND FIELD - 400 M - MEN

50-54	Henry James	54.83	2008
55-59	David E Ortman	57.76	2008
60-64	David E Ortman	1:00.98	2014
65-69	Robert D McMillan	1:04.7	2007
70-74	Charles J Brocato	1:07.90	2014
75-79	Donald B Kane	1:17.94	2008
80-84	Donald B Kane	1:29.42	2012
85-89	Keith H Wood	1:56.14	2016

## TRACK AND FIELD - 800 M - WOMEN

50-54	Dawn R Thompson	2:44.14	2016
55-59	Betsy M Seth	2:55.39	2014
60-64	Candy M Puterbaugh	2:54.77	2008
65-69	Diane Palmason	3:16.8	2007
70-74	Louise Mihay	3:42.80	2010
75-79	Louise Mihay	4:24.42	2015

## TRACK AND FIELD - 800 M - MEN

50-54	Henry James	2:03.55	2009
55-59	Jim Bordoni	2:26.87	2008
60-64	Richard W Tucker	2:20.37	2005
65-69	Herve Pastre	2:28.51	2014
70-74	Paul Benton	2:48.82	2013
75-79	Paul J Flanagan	3:03.99	2006
80-84	Colben K Sime	3:39.54	2015
85-89	Keith H Wood	4:17.82	2015

## TRACK AND FIELD - 1500 M - WOMEN

50-54	Karen M Steen	6:00.09	2014
55-59	Gigi Cutler	5:33.91	2016
60-64	Candy M Puterbaugh	5:55.79	2007
65-69	Louise Mihay	7:29.22	2006
70-74	Louise Mihay	7:39.09	2010
75-79	Louise Mihay	8:59.54	2015

## TRACK AND FIELD - 1500 M - MEN

50-54	Ray E Prentice	4:39.64	2009
55-59	Craig W Andersen	4:53.0	2004
60-64	David B Richard	5:07.19	2014
65-69	Herve Pastre	5:06.11	2014
70-74	Paul Benton	5:50.88	2013
75-79	Paul J Flanagan	6:30.78	2006
80-84	James S Eklund	6:52.86	2015
85-89	Keith H Wood	9:00.94	2014

## Trap Shooting

### TRAP SHOOTING - 16 YARD SINGLES (100 TARGETS) - WOMEN

55-59	Sharon E Graham	95	2016
75-79	Rosalie A Nicholson	92	2016

### TRAP SHOOTING - 16 YARD SINGLES (100 TARGETS) - MEN

50-54	Bob D McLendon	97	2016
55-59	Douglas C Reimers	98	2015
60-64	Jack B Vandament	97	2014
65-69	Jerry L Conn	93	2016
70-74	Frank W Green	99	2015
	Rudy Martinak	99	2016
75-79	Ronald E Hull	96	2016
80-84	Jack A Spohn	83	2016
85-89	Daniel G Plummer	79	2016

## Triathlon

### TRIATHLON - BLACK HILLS TRIATHLON - WOMEN

50-54	Megan Banks	1:37:00.0	2016
55-59	Jean Fisher	1:51:40.0	2016
60-64	Leslie Owen	1:55:09.0	2016
65-69	Carol Coram	2:01:01.0	2016
70-74	Carol A Grisso	1:52:34.0	2016

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# Washington State Senior Games - Records (2001 through 2016)

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## TRIATHLON - BLACK HILLS TRIATHLON - MEN

<b>50-54</b>	Ross Rembac	1:23:40.0	2016
<b>55-59</b>	Ryan Howell	1:37:23.0	2016
<b>60-64</b>	Kurt Johnson	1:32:41.0	2016
<b>65-69</b>	Al Truscott	1:35:13.0	2016
<b>70-74</b>	Dennis J Niles	1:43:36.0	2016